



🐴 🌢 December 2025 Menu 🌢 🐴





Monday	Tuesday	Wednesday	Thursday	Friday
Monday	i		Inursuay	
I New England Creamy Clam Chowder Vegetable Blend Whole Grain Roll Grape Juice Milk 8 Savory Beef Chili Peas and Carrots Golden Corn Bread Juicy Pear	Savory Pot Roast Mashed Potatoes Broccoli Whole Grain Roll Kiwi Fruit Peanut Butter Cookie Milk 9 Orange Chicken Vegetable Fried Rice Cauliflower Juicy Orange	3 Cheese Tortellini with Mushroom Sauce 3 Bean Salad Whole Wheat Bread Knot Juicy Pineapple Milk 10 Holiday Quiche with Spinach, Broccoli, Ham, Mushroom Roasted Red Potatoes Whole Grain Roll	Pork Pozole Winter Squash Whole Grain Tortilla Crisp Apple Milk 11 Salisbury Steak with Gravy Mashed Potatoes Honey Carrots Whole Wheat Roll	Crispy Chicken Sandwich Honey Mustard Swiss/Tomato Whole Wheat Bun Sun Chips Box of Raisins Milk 12 Turkey and Cheese Turnover Key Largo Blend Veggies Fresh Cranberries Milk
Milk	Milk	Banana Milk	Peach Cup Chocolate Milk	
15 Chicken Alfredo Whole Grain Penne Pasta Brussel Sprouts Whole Wheat Roll Persimmon Milk	16 Meatloaf Mashed Potatoes and Gravy California Blend Vegetables Whole Wheat Bread Tropical Fruit Cup Chocolate Chip Cookie Milk	17 Shredded Pork Burrito Bowl Black Beans, Wild Rice, Fajita Vegetable Mix, Cheese Salsa Tangerine Milk	18 Chicken Bake with Potatoes Broccoli, Zucchini, Mushroom Cheese Whole Grain Biscuit Mixed Fruit Cup Milk	19 Beef Stew Carrots Whole Grain Roll 100% Fruit Punch Juice Milk
22 Minestrone Soup with Beef Mini Meatballs Whole Grain Bun Mandarin Orange Milk	23 Chicken Marsala Creamy Mashed Potatoes California Blended Veggies Whole Grain Roll 100% Cranberry Raspberry Juice Milk	24 Honey Glazed Ham Creamy Mashed Potatoes Crisp Green Beans Whole Wheat Roll Apple Sauce Gingerbread Cake Milk	25 Lapsy John Market M	26 *** *** *** ** ** ** ** ** *
29 Beef Raviolis with Marinara Sauce Green Beans Whole Grain Roll Mixed Fruit Cup Milk	30 Salmon with Aioli Sauce Garden Rice Zucchini and Mushrooms Fresh Kiwi Milk	31 Crispy Chicken Drumstick Mashed Potatoes Golden Corn Whole Grain Biscuit Pineapple Juice Milk	Alternative meal options: Spinach Ravioli with Alfredo Sauce New England Clam Chowder Minestrone Soup Chicken Noodle Soup	The salt & pepper shakers indicate a meal that contains more. than 1000 mg of sodium.

Lunch is a suggested voluntary contribution of \$5.00

Serving adults 60 years and older

To cancel a meal, please call the day before or NO LATER THAN 8 AM. (Placerville) 530 621-6160 OR (South Lake Tahoe) 530-573-3130 Call (530) 621-6160 for the current dine-in status. Please join us at one of the following locations:

El Dorado Hills Pioneer Park Pollock Pines Georgetown South Lake Tahoe Placerville Cameron Park 937 Spring St 990 Lassen Lane 6740 Fairplay Rd 2675 Sanders Dr 6680 Orleans St. 2502 County Club Dr 3050 Lake Tahoe Blvd