

# June 2025 Menu



**(Placerville) 530 621-6160 OR  
(South Lake Tahoe)  
530-573-3130**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Salisbury Brown Mushroom Gravy Mashed Potatoes Green Beans Whole Wheat Roll Fresh Apricot Milk	3 Chicken Waldorf Salad on a Whole Wheat Bun Petite Baby Carrots Sun Chips Fruit Salad Apple Crisp Pie Milk	4 Breaded Pollock Wild Rice California Blend Vegetables Whole Wheat Roll Juicy Orange Milk	5 Chili Relleno Casserole Spanish Rice Black Beans Fresh Strawberries Milk	6 Pork Pozole Soup Whole Grain Tortilla Spanish Rice Fire Roasted Corn Fresh Apple Milk
9 Chicken Teriyaki Bowl Fluffy Wild Rice Peas & Carrots Fresh Mango Pieces Milk	10 Baked Salmon Potato Medley Roasted Brussels Sprouts Whole Grain Roll Fresh Peach Milk	11 Polynesian Meatballs Brown Rice Steamed Broccoli Florets Whole Grain Bread Stick Mixed Fruit Cup Milk	12 Chicken Caesar Salad Croutons Whole Grain Roll Fresh Blueberries Pumpkin Fluff Milk	13 Tender Beef Ravioli with Marinara Sauce Asparagus Whole Wheat Roll Fresh Plum Milk
16 Crab Cake with Tartar Sauce Brown Confetti Rice Grilled Yellow and Red Peppers Pear Cup Milk	17 Sloppy Joe Whole Wheat Bun Tater Tots Coleslaw Fresh Nectarine Milk	18 Grilled Chicken Bake with Mushrooms Artichoke Hearts Garden Rice Whole Wheat Roll Crisp Apple Milk	19 Beef Stroganoff Whole Grain Noodles Broccoli Whole Grain Biscuit Juicy Orange Milk	20 Turkey Cheese Sandwich Lettuce, Tomato, Whole Wheat Bread Carrot Raisin Salad Baked BBQ Chips Melon Medley Milk
23 Vegetable Beef Soup Whole Grain Corn Bread Butter Fresh Plum Milk	24 Chicken Margarita Wild Rice Honey Glazed Carrots Whole Grain Bread Stick Tangerine Chocolate Milk	25 Creamy Garlic Shrimp Orzo Pasta Green Beans Crisp Apple Whole Grain Biscuit Milk	26 Chicken Philly Cheese Steak with Swiss cheese Sautéed Mushrooms Whole Wheat Bread Juicy Melon Milk	27 Pork and Black Bean Enchilada Bake Fajita Blend Vegetables Mixed Fruit Cup Milk
30 Turkey Pot Pie Whole Wheat Biscuit Steamed Cauliflower Juicy Orange Milk			<b>The salt &amp; pepper shakers indicate a meal that contains more than 1,000 mg of sodium</b> 	<b>Alternative meal options:</b> <ul style="list-style-type: none"> <li>• Creamy Carrot Soup</li> <li>• Spinach Ravioli with Alfredo Sauce</li> <li>• Manhattan Clam Chowder</li> <li>• Broccoli Cheddar Soup</li> </ul>

**Lunch is a suggested voluntary contribution of \$3.00**

**Serving adults 60 years and older**

**To cancel a meal, please call the day before or NO LATER THAN 8 AM.** (Placerville) 530 621-6160 OR (South Lake Tahoe) 530-573-3130

Call (530) 621-6160 for current dine-in status. Please join us at one of the following locations:

Placerville	El Dorado Hills	Pioneer Park	Pollock Pines	Georgetown	Cameron Park	South Lake Tahoe
937 Spring St	990 Lassen Lane	6740 Fairplay Rd	2675 Sanders Dr	6680 Orleans St.	2502 County Club Dr	3050 Lake Tahoe Blvd