

September Menu 2026



Lunch is a suggested voluntary contribution of \$5.00. Serving adults 60 years and older

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Shrimp Scampi Whole Grain Pasta Asparagus Whole Grain Roll Mixed Fruit Cup Milk	2 Swiss Steak & Sautéed Onions Mashed Potatoes Summer Yellow Squash Whole Grain Roll Apple Slices Milk	3 Pork Chili Verde Spanish Rice Roasted Corn Whole Grain Tortilla Mango Milk	4 Potato Vegetable Cheese Chowder Peas and Carrots Whole Grain Roll Mandarin Fruit Cup Red, White Blue Fluff Milk
7 Closed for Labor Day Holiday 	8 Summer Beef Stew Celery Sticks with Peanut Butter Whole Grain Roll Fresh Strawberries Milk	9 Chili Turkey Dog with Diced Onion Shredded Cheese and Tomato Whole Grain Bun Fresh Peach Milk	10 Spaghetti with Meat Sauce Italian Blend Vegetables Whole Grain Breadstick Banana Milk	11 Pesto Chicken Bruschetta Orzo Pasta Diced Carrots 100 % Grape Juice Chocolate Milk
14 Swedish Meatballs Cheese, Sour Cream Wheat Roll Roasted Bell Peppers Juicy Pineapple Chunks Milk	15 Grilled Chicken Wrap with Coleslaw, Cucumbers Tomato Basil Tortilla Wrap Juicy Grapes Milk	16 Roasted Pork with Country Gravy Creamy Mashed Potatoes Green Beans Apple Sauce Fig Newton Cookie Milk	17 Sloppy Joes Whole Grain Bun Coleslaw Juicy Orange Milk	18 Chicken and Dumplings Sweet Potatoes Whole Grain Biscuit Fresh Nectarine Milk
21 Breaded Pollock Fish Sandwich with Tartar Sauce, Sliced Tomatoes, Whole Wheat Bread Tater Tots Crisp Apple Vanilla Cookies Milk	22 Chicken Cordon Bleu Mashed Potatoes & Gravy Broccoli Florets Whole Grain English Muffin Fresh Plum Milk	23 Creamy Beef Stroganoff Whole Grain Pasta Capri Blend Vegetables Juicy Cantaloupe Slices Milk	24 Chicken Margarita with Sliced Tomatoes, Pesto Sauce Wild Rice Whole Grain Bread Stick Juicy Grapes Chocolate Milk	25 Shepherd's Pie with Ground Beef and Vegetable Blend Whole Grain English Muffin Fresh Orange Milk
28 Sweet and Sour Pork Brown Rice Stir Fry Vegetable Blend Whole Grain Roll 100% Fruit Punch Juice Milk	29 Vegetarian Chili Baked Potatoes with Cheddar Cheese, Purple Onion, Sour Cream Key Largo Veggies Whole Grain Roll Fresh Strawberries Milk	30 Chicken Salad on a Bed of Greens Whole Wheat Bun Apple Juice Ambrosia Fruit Salad Milk	Alternative meal options: • Chicken Noodle Soup • Spinach Ravioli with Alfredo Sauce • New England Clam Chowder • Minestrone	The salt & pepper shakers indicate a meal that contains more than 1,000 mg of sodium 

To cancel a meal, please call the day before or NO LATER THAN 8 AM. (Placerville) 530 621-6160 OR (South Lake Tahoe) 530-573-3130

Call (530) 621-6160 for current dine-in status. Senior-Nutrition@edcgov.us Please join us at one of the following locations:

Placerville
937 Spring St

El Dorado Hills
990 Lassen Lane

Pioneer Park
6740 Fairplay Rd

Pollock Pines
2675 Sanders Dr

Georgetown Library
6680 New Orleans

Cameron Park
2502 County Club Dr

South Lake Tahoe
3050 Lake Tahoe Blvd.